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Health and Social Care  
qualifications designed  
by sector experts

# Health and Social Care

With over 80 qualifications available ranging from Entry Level to Level 5, our Health and Social Care portfolio offers providers the flexibility to develop programmes of learning which meet the individual needs of their learners.

The qualifications within our portfolio are fit-for-purpose. The content meets not only the needs of the learner, but also reflects the needs of the workforce, therefore contributing to improved outcomes across the Health and Social Care sector.

The Health and Social Care qualifications can be broadly categorised into 4 key areas:



Care Conditions



Specialist Care



Core Practice



Sector Specific



For more information on our Health and Social Care qualifications visit [qualhub.co.uk](http://qualhub.co.uk) or email [info@cache.org.uk](mailto:info@cache.org.uk)

# Care Conditions

Qualifications which fall under Care Conditions cover a range of subjects, including mental health, stroke, health conditions, learning disabilities, dementia, autism, diabetes, alcohol and sexual health awareness.

## Mental health

Our mental health qualifications have been developed in collaboration with industry experts, including the NHS and Tyneside Mind, to increase learners' knowledge and understanding of mental health and mental wellbeing.



It is estimated that **1 in 6 people** in the past week experienced a mental health problem.

## Learning Disability

We have a range of qualifications which enable learners to gain knowledge and understanding of working with individuals with learning disabilities. The qualifications explore areas such as safeguarding and positive risk takings.

## Dementia

Health research shows us that the number of people with dementia is likely to continue to increase and therefore our qualifications aim to ensure the workforce is prepared to provide a quality service for individuals.

## Diabetes

Our **Level 2 Certificate in Understanding the Care and Management of Diabetes** will give practitioners a wider understanding of diabetes and how this can impact on holistic care and support needs.

## Autism

The challenges faced by individuals with autism, and how to assess and address individual needs to enable and sustain healthy and fulfilled lives are explored in the **Level 2 Certificate in Understanding Autism qualification**.

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# Specialist Care

Qualifications in the Specialist Care area fall under subjects such as end of life care, nutrition and health, care planning, infection prevention and control, mental capacity, medication, and counselling.

## End of life care

We offer provision in end of life care which is a specialist area of practice. A skilled workforce is pivotal in ensuring the sector is able to provide specialist care to those nearing the end of their lives.

## Nutrition and health

Our qualifications ensure practitioners are equipped with the knowledge and skills needed to ensure nutritional requirements of individuals they support is maintained.

## Counselling

Our qualifications in counselling offer the opportunity to enhance a functional role through the use of counselling skills. The qualifications include an examination of some of the various schools of thought and theoretical models associated with them.

## Mental capacity

Our **Level 3 Award in the Awareness of the Mental Capacity Act** helps learners develop an understanding of the framework and values base that underpins the Mental Capacity Act.



The number of adult social care jobs is projected to grow to around **2.2 million by 2025.**

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# Core Practice

Core Practice subject areas include personal safety, stress, wellbeing, working with children, helping skills, dignity and safeguarding, customer support, information, advice and guidance.

## Stress awareness

Our **Level 1 Award in Stress Awareness** develops learners' knowledge of the causes and effects of stress upon health. The qualification includes coverage of how to recognise signs and symptoms of stress as well as ways of preventing and reducing stress.

## Dignity and safeguarding

Our **Level 2 Certificate in Understanding Dignity and Safeguarding in Adult Health and Social Care** reviews the principles in relation to safeguarding and duty of care, and how they are applied in everyday work contexts.



The number of older people with care needs is expected to rise by more than **60% in the next 20 years.**

# Sector Specific

## Working in the health sector

Our **Level 2 Certificate in Understanding Working in the Health Sector** is designed to give learners the opportunity to investigate a work role in the health sector and provide the underpinning knowledge needed to work effectively.

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