

# Top 10 Innovations in Care



## GPS trackers

Locate a vulnerable person quickly and safely if they carry a tracker.



## Self-steadying spoon

Assists those with hand tremors to feed themselves.



## Texture-modified food

Looks appetising and is full of flavour, but blended to a softer texture, suitable for dysphagia diets.



## Mobile lifting chairs

Helps a person up to a standing position after a fall, requiring minimal physical effort from the fallen person and those assisting.



## Smart sensors / wearables for monitoring and reporting

Technology such as Apple Watches can monitor heart rate or recognise if someone has had a bad fall, alerting emergency contacts if needed.



## NHS App

Being rolled out to allow patients to book and manage appointments, order repeat prescriptions, and other useful features.



## Automatic pill dispensers

Pre-filled and locked containers that set off an alarm when it's time to take medication, and the right compartment opens so you can access the correct pills.



## 'Remote' GP services

Convenient and quick access to NHS GPs, from the comfort of your home.



## Jelly drops *'in development'*

Sweets containing 90% water that can keep people with dementia hydrated.



## Home care robots *'in development'*

Designed to help (and not replace) human caregivers, the robots can do general housework, give medication reminders or alert medical professionals if needed.